

Lifestyle Options - Terra Losa East Wing

Our East Wing is designed for people with Dementia or Alzheimer's disease, offering a environment with:

- Self contained suites with small kitchen area (28 CHA units & 3 private units)
- Common Dining Room, Leisure Area and Kitchen

Staffing:

LPN's, PCA's, Recreation Therapists, Housekeeping, Dietary Workers

Programs:

Wellness & Recreation

Approach Used:

- 1- Personhood-The Priority is to understand the person behind the disease; not only the disease the person has.
- 2- Prevention
- 3- Social Leisure

Lifestyle Options - Terra Losa West Wing

Our West Wing is designed for frail elderly focusing on Prevention, Rehabilitation, and Wellness programs.

Environment:

- 1-Self contained suites with small kitchen area (24 CHA units & 5 private units with kitchens)
- 2-Common Exercise/Multipurpose Room & Lounge Area
- 3-Residents are encouraged to use all common areas throughout the Building

Staffing:

LPN's, PCA's, Recreation Therapists, Housekeeping, Dietary Workers

Programs:

Recreation & Wellness

Approach:

Personhood, Prevention, Rehab and Social Leisure